

MS.4/ 1.Nov/2015.

Acute Leukemia: AML

Abdallah Abbadi

Case 9: Acute Leukemia

29 yr old lady complains of fever and painful gums for 1 week. She developed easy bruising and hemorrhagic spots on her trunk and limbs.

Physical findings

Spleen ++. Gum &

Skin shown.

Fever 40

BP 100/70 P 102

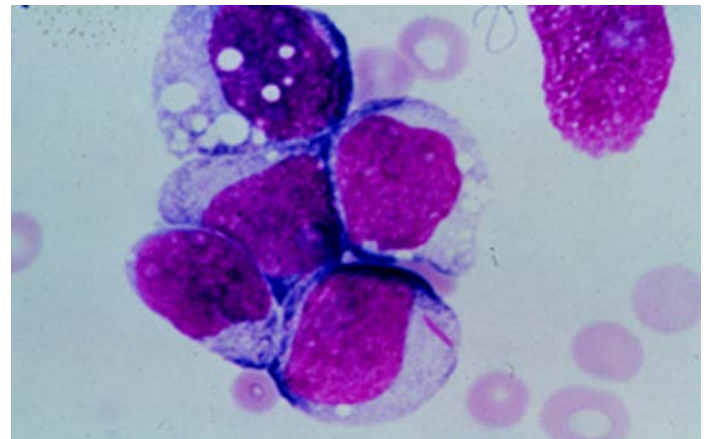
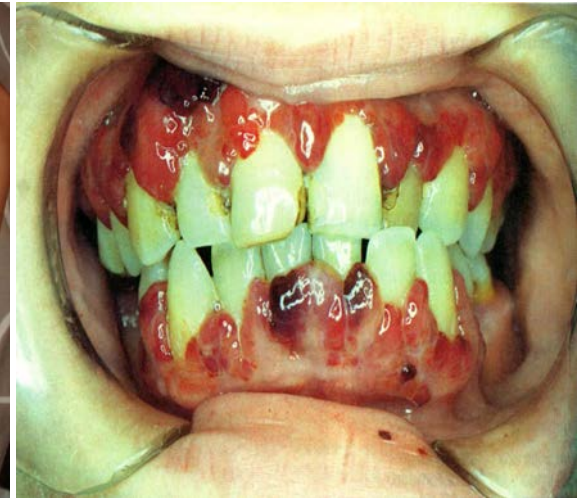
Hb 9, WBC 54K

Blasts 80%, Plt 24K

PT 18/13, PTT 40/32,

Urine: RBC +3, WBC +++, Bacteria

+++. Bld culture + E.Coli.



Common manifestations of acute leukemia

1-Manifestations of BM replacement

Anemia

Thrombocytopenia

Neutropenia

2-Infiltration of extra BM tissues:

LN, Gums, skin, CNS, others

3-Release of granules/ metabolites:

DIC/ gout, ARF

4-Hyperviscosity

AML- immunocytology

FAB	Immunological markers
M0	HLA-DR, CD33, MPO
M1	HLA-DR, CD13, CD33, MPO
M2	HLA-DR, CD13, CD33, CD15, CD34, MPO
M3	HLA-DR, CD33, CD15, MPO
M4	HLA-DR, CD13, CD14, CD15, CD33
M5	CD13, CD33, CD14, CD15, CD34
M6	CD13, CD33, glycophorin A
M7	CD41, CD61

WHO Classification of AML

- AML with recurrent cytogenetic translocations
- AML with multi-lineage dysplasia
- AML and myelodysplasia, therapy related
- AML, not otherwise categorized

Cytogenetics abnormalities in AML

Prognostic Subgroup	Cytogenetic Abnormality
Favorable	<ul style="list-style-type: none">- t(15;17)/PML-RARA- t(8;21)- inv(16)/t(16;16)
Intermediate	<ul style="list-style-type: none">- Normal karyotype- t(9;11)- Gains of whole chromosomes or loss of Y chromosome
Unfavorable	<ul style="list-style-type: none">- t(6;9)- inv(3)/t(3;3)- Complex karyotype

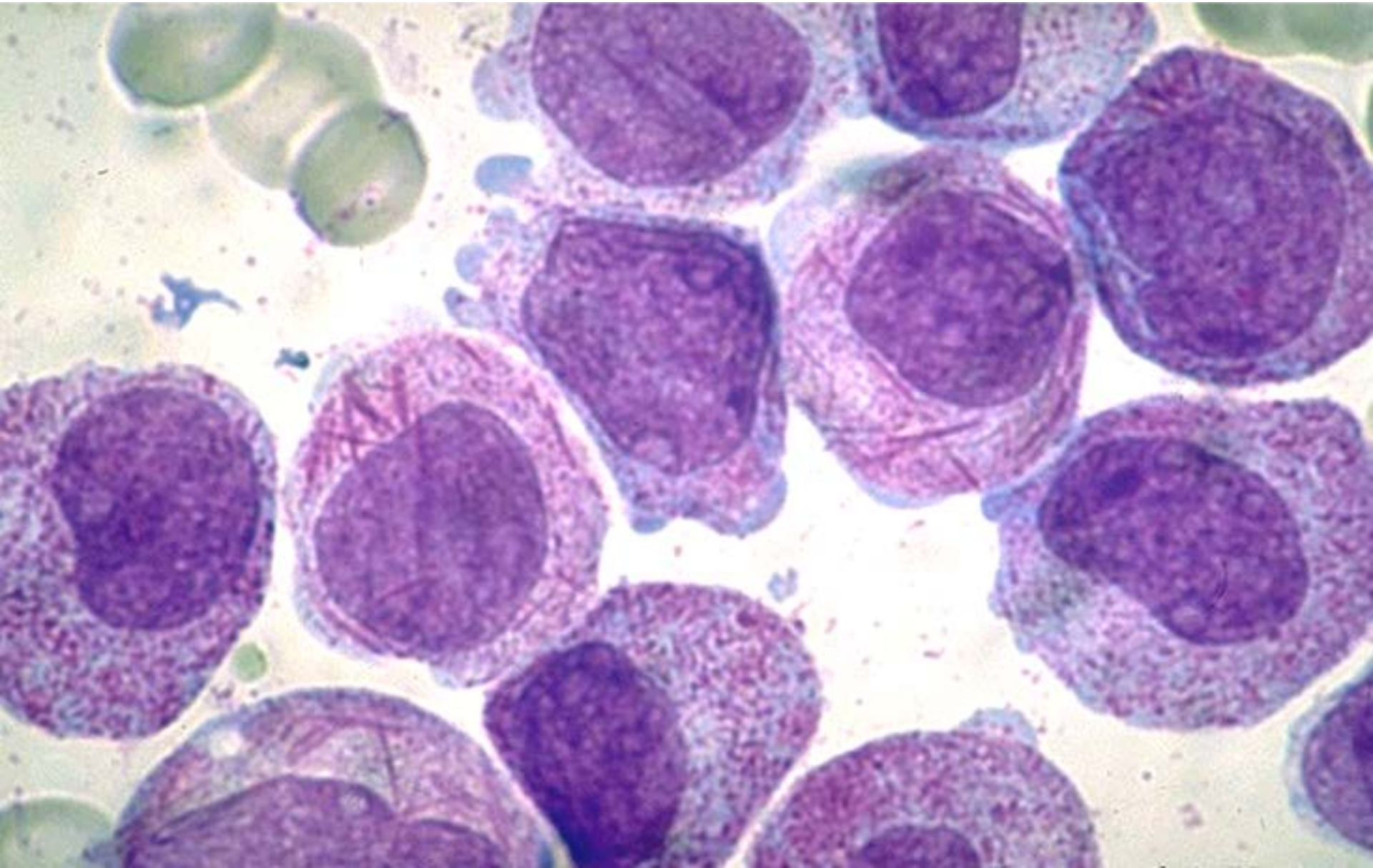
Promyelocytic leukemia M3

1. Associated with t (15;17) involving the retinoic acid receptor (RAR) gene .
 2. Good prognosis category.
 3. Commonly associated with **DIC**.
- Prominent Auer rods.

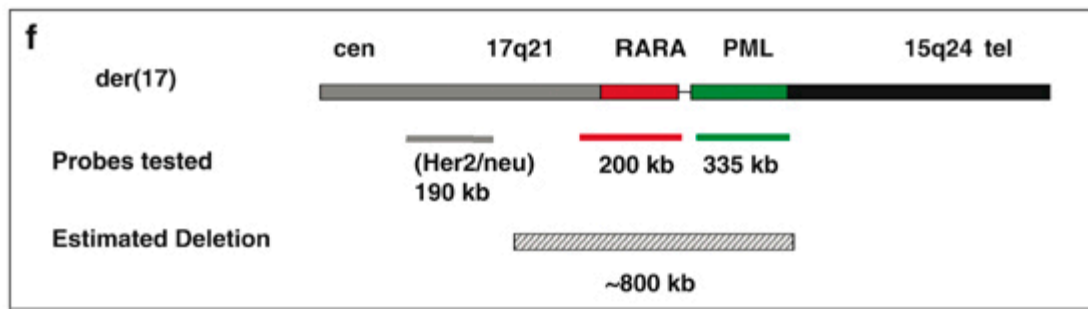
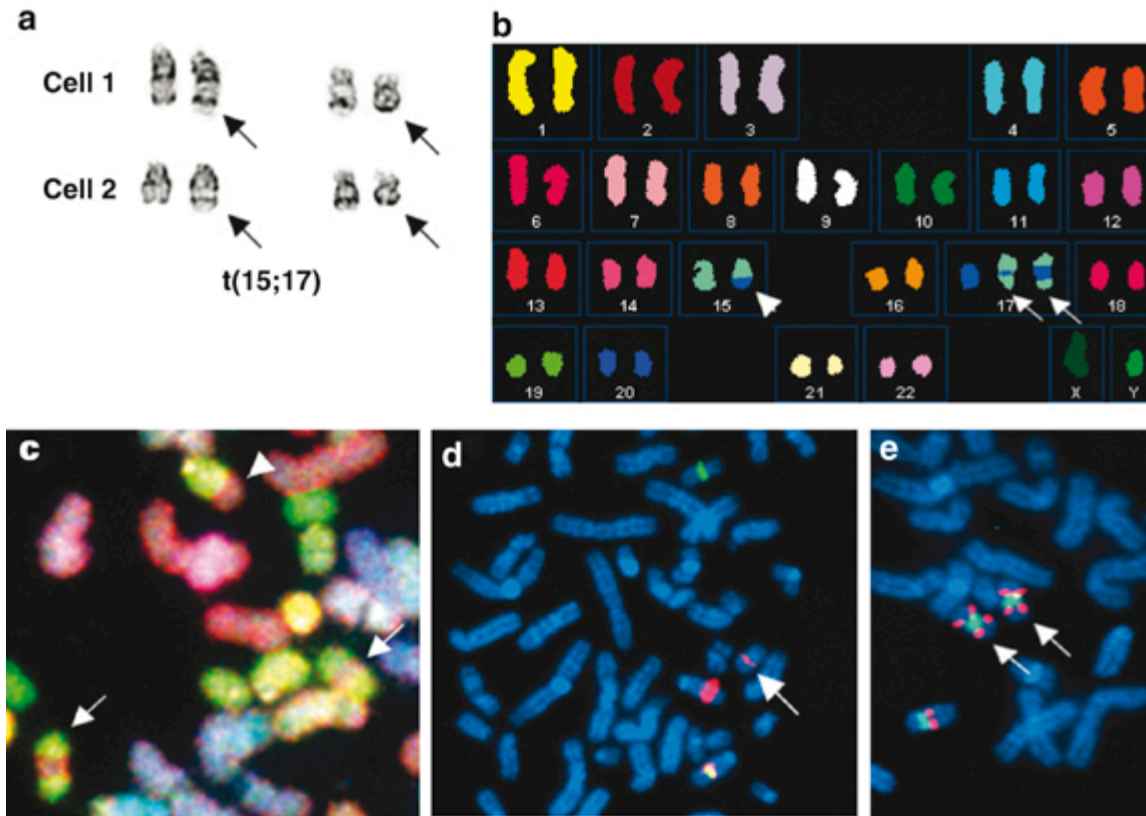
WHO Classification of Acute Myelogenous Leukemia (AML)

Class	Prognosis
I. AML with Recurrent Chromosomal Translocations	
AML with t(8;21)(q22;q22) ; CBFa/ETO fusion gene	Favorable
AML with inv(16)(p13;q22) ; CBFb/MYH11 fusion gene	Favorable
AML with t(15;17)(q22;q21.1) ; PML/RARa	Favorable
AML with t(11q23;variant)	Poor
II. AML with Multilineage Dysplasia	
With prior myelodysplastic syndrome	Very poor
Without prior myelodysplastic syndrome	Poor
III. AML, Therapy-Related	
Alkylating agent related	Very poor
Epipodophyllotoxin related	Very poor
IV. AML, Not Otherwise Classified	
Subclasses defined by extent and type of differentiation (M0-M7)	Intermediate

Auer rods in AML



t(15;17) translocation in AML



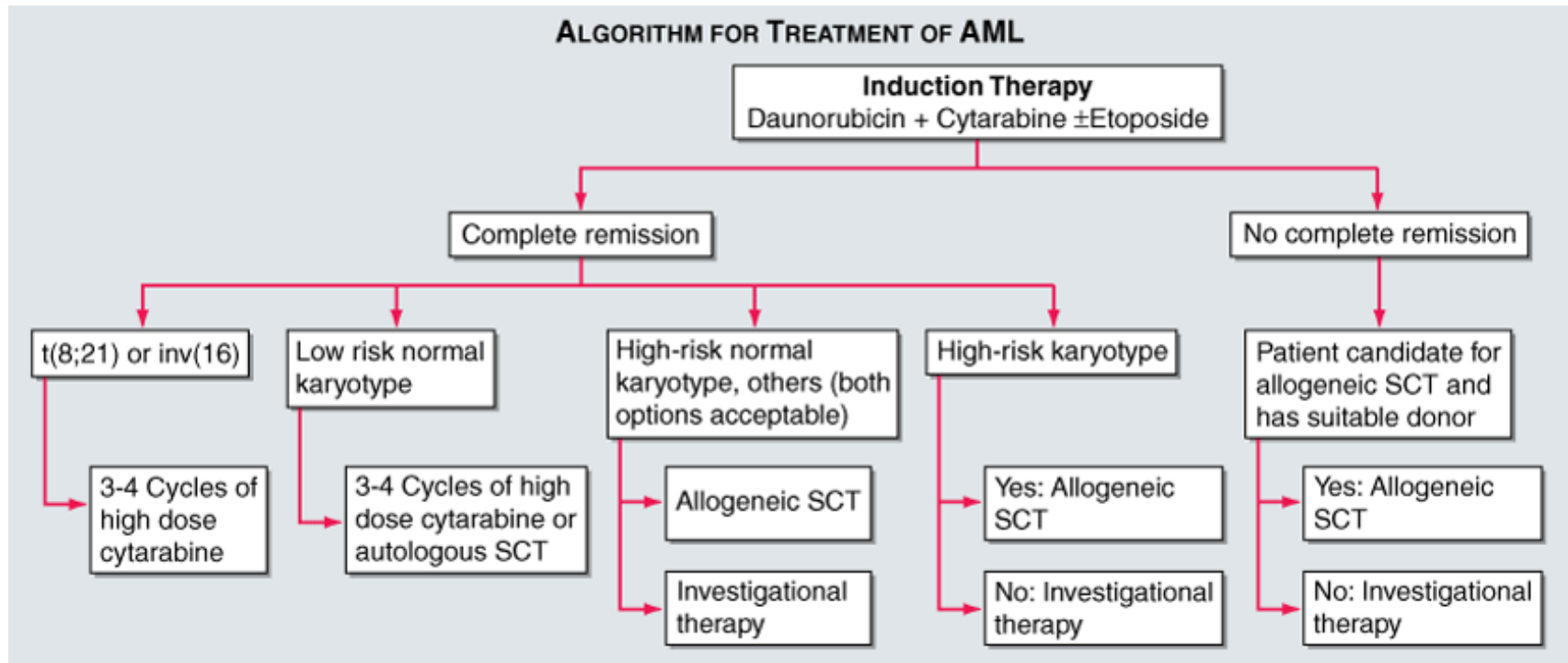
M4: Myelomonocytic leukemia

- With inverted 16 and associated eosinophilia
this is a good prognostic category
- Associated with leukemia cutis.
- CNS disease may occur.

M5: Monocytic leukemia

- Commonly associated with skin and soft tissue disease.
- Gingival hyperplasia
- CNS disease may occur.

Treatment



Source: Fauci AS, Kasper DL, Braunwald E, Hauser SL, Longo DL, Jameson JL, Loscalzo J: *Harrison's Principles of Internal Medicine*, 17th Edition: <http://www.accessmedicine.com>

Copyright © The McGraw-Hill Companies, Inc. All rights reserved.

Treatment aml/m3

- **Tretinoin (all tran retinoic acid)** is an oral drug that induces the differentiation of leukemic cells bearing the t(15;17); it is not effective in other forms of AML.
- APL is responsive to **cytarabine** and **daunorubicin**, but about 10% of patients treated with these drugs die from DIC induced by the release of granule components by dying tumor cells.

ATRA Syndrome

- Tretinoin does not produce DIC but produces another complication called the ***retinoic acid syndrome***.
- Occurring within the first 3 weeks of treatment, it is characterized by **fever, dyspnea, chest pain, pulmonary infiltrates, pleural and pericardial effusions, and hypoxia**.
- The syndrome is related to adhesion of differentiated neoplastic cells to the pulmonary vasculature endothelium.
- Glucocorticoids, chemotherapy, and/or supportive measures can be effective.
- **The mortality of this syndrome is about 10%.**

Other ATRA side effects

- Nasal stuffiness, dry red skin, transient elevations in serum aminotransferases and bilirubin, and hypertriglyceridemia can occur, but rarely require an alteration in treatment.

Case 9 B

A 19 yr old male has been complaining of fatigue, joint pain for 2 wks. He was admitted because he had a high fever. P/E he looked ill and pale, with Temp 40, BP 100/70, p 104, he had generalized LN enlargement, badly infected tonsil. His spleen was enlarged. Hb 9.5g/dl, plts 45k, WBC 90k: blasts 88%, other cells 12%. LDH 1600, Uric acid 13, Ca 7, PO4 5, Creat 3, K, 6.1, PT, PTT, TT, Nml.

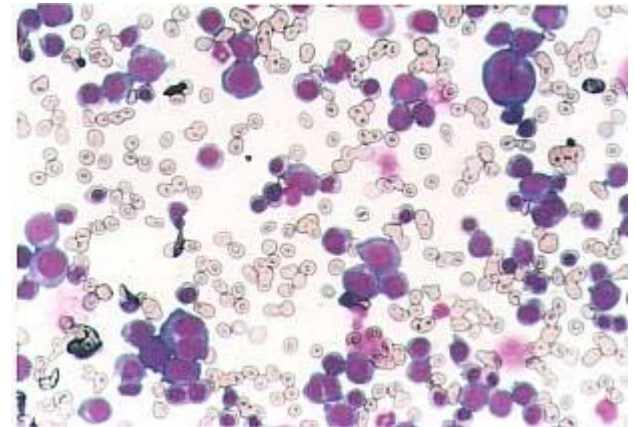
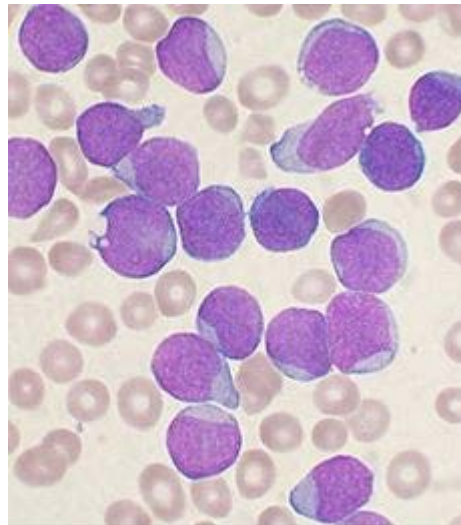
Flow

CD19(+), Tdt(+),

CD10(+), Cylg(-),

Karyotyping normal

PAS +++



Common manifestations of acute leukemia

1-Manifestations of BM replacement

Anemia

Thrombocytopenia

Neutropenia

2-Infiltration of extra BM tissues:

LN, Gums, skin, CNS, others

3-Release of granules/ metabolites:

DIC/ gout, ARF

4-Hyperviscosity

Biology of Adult Acute Lymphoblastic Leukemia

Classification:

- Morphologic Features
- Immunophenotyping

Morphologic subtypes of acute lymphoblastic leukemias (FAB classification)

<u>Subtype</u>	<u>Morphology</u>	<u>Occurrence (%)</u>
L1	Small round blasts clumped chromatin	75
L2	Pleomorphic larger blasts clefated nuclei, fine chromatin	20
L3	Large blasts, nucleoli, vacuolated cytoplasm	5

Immunologic classification of acute lymphoblastic leukemias

B-lineage (80%)

Markers

Pro-B	CD19(+),Tdt(+),CD10(-),Cylg(-),
Common	CD19(+),Tdt(+),CD10(+),Cylg(-),
Pre-B	CD19(+),Tdt(+),CD10(+),Cylg(+),Smlg(-)
Mature-B	CD19(+),Tdt(+),CD10(±),Cylg(±),Smlg(+)

T-lineage (20%)

Pre-T	CD7(+), CD2(-), Tdt(+),
Mature-T	CD7(+), CD2(+), Tdt(+),

Chromosomal/molecular abnormalities with prognostic significance in ALL

Better prognosis

- normal karyotype
- hyperdiploidy

Poor prognosis

- t (8; 14)
- t (4; 11)

Very poor prognosis

- t (9; 22); BCR/ABL (+)

Risk classification in ALL

- 1. Standard risk**
- 2. High risk**
- 3. Very high risk**

High-risk ALL

- 1. Pre - T**
- 2. Pro - B**
- 3. Age > 35 years,**
- 4. WBC > 30 G/L in B-ALL
> 100 G/L in T-ALL**
- 5. No remission after 4 weeks of induction therapy**

Very high-risk ALL

**Chromosome Philadelphia - positive or
BCR/ABL (+)**

In ALL the choice of treatment-strategy depends on:

1. Risk qualification
2. Immunophenotype of leukemic cells
 - T lineage,
 - early B lineage,
 - mature B lineage,
3. Age and biological condition
4. Goal of treatment

Remission induction therapy in ALL

1. Antineoplastic treatment
 - a/Drugs: prednisone, vincristine, asparaginase, cyclophosphamide
doxorubicin/adriablastin/epirubicin, cytosine arabinoside,
 - b/Treatment duration: 4-8 weeks
 - c/ No of courses: 1- 2
2. CNS prophylaxis
3. Supportive care
4. Treatment of complications

Post-remission therapy in standard-risk ALL

1. Chemotherapy

**a/. Maintenance therapy: 6-mercaptopurine,
methotrexate - for 2-3 years.**

**b/. Intensification treatment periodically
repeated: daunorubicin/adriablastin,
prednisone, vincristine, cyclophosphamide.**

2. CNS prophylaxis

Post-remission therapy in high-risk ALL

- 1. Intensification treatment: amsacrine, mitoxantrone, idarubicine, high dose cytosine arabinoside, high dose methotrexate, high dose cyclophosphamide.**
- 2. Hematopoietic stem cell transplantation**
 - high-dose therapy**
 - reduced intensity conditioning**

Post-remission therapy in very high risk ALL

- High-dose therapy (reduced-intensity ?) + allogeneic stem cell transplantation**

Treatment results in ALL

- **Adults**
 - Complete remission (CR) 80-85%
 - Leukemia-free survival (LFS) 30-40%
- **Children**
 - Complete remission (CR) 95-99%
 - Leukemia-free survival (LFS) 70-80%