# **Family Planning**



2007 Jordan Population and Family Health Survey

#### Knowledge

- Current use
- Source of methods
- Future use



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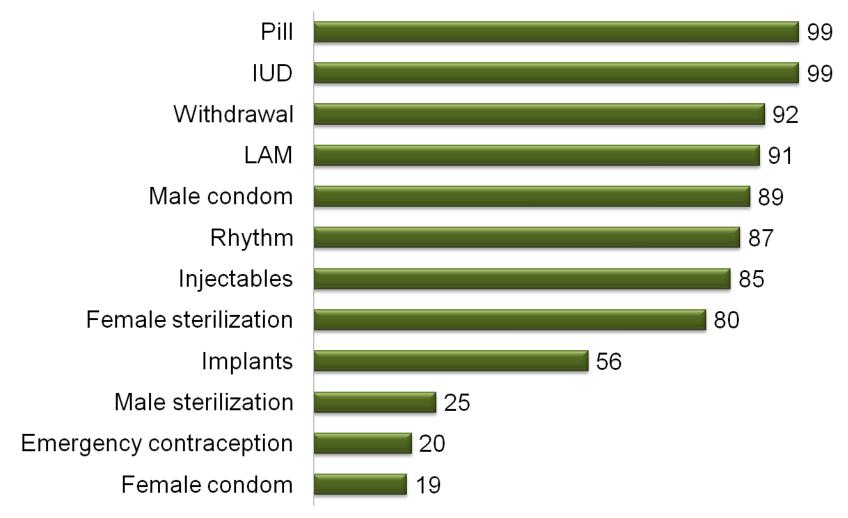
#### **Knowledge of Contraceptive Methods**

More than 99% of all ever-married women know at least one modern method of contraception.

Women know, on average, 8 modern methods.

96% of women can name a traditional method of contraception.

#### Contraceptive Knowledge by Method



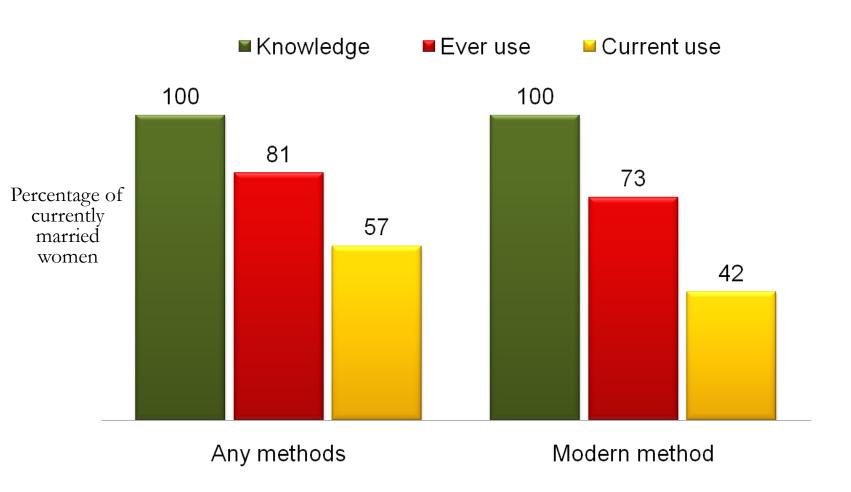
Percent of ever-married women who have heard of each method

- Knowledge
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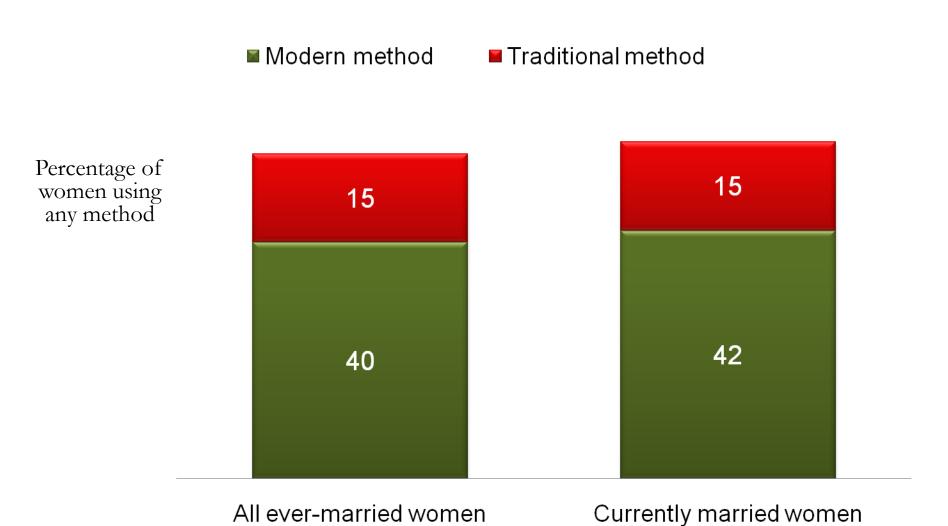


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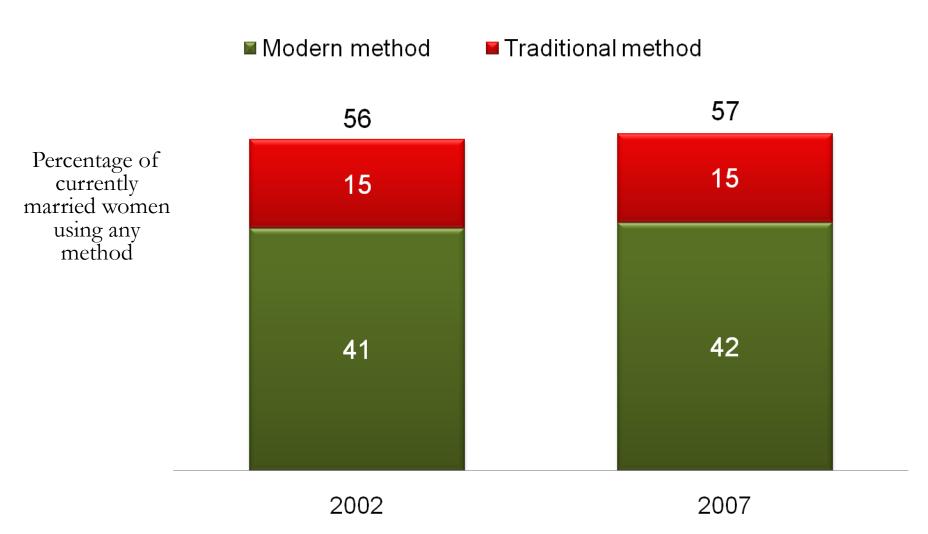
# Gap Between Knowledge and Use Among All Women



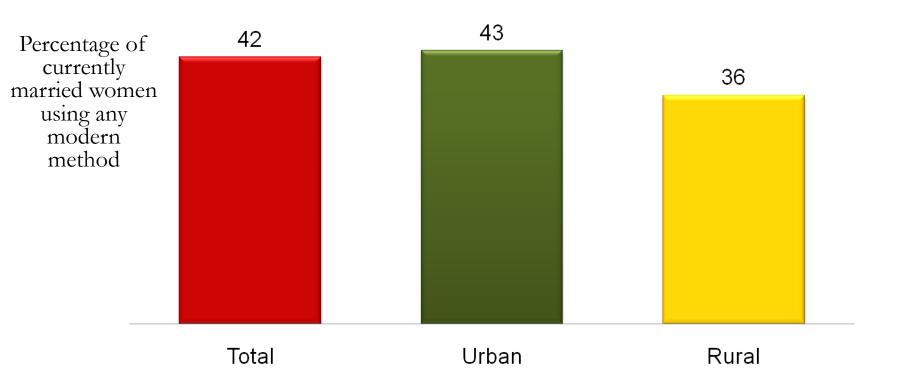
### Current Use of Family Planning



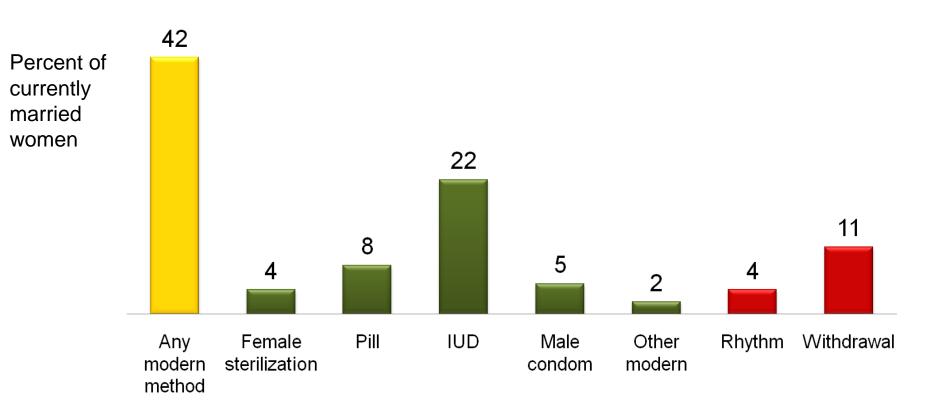
#### Trends in Current Use



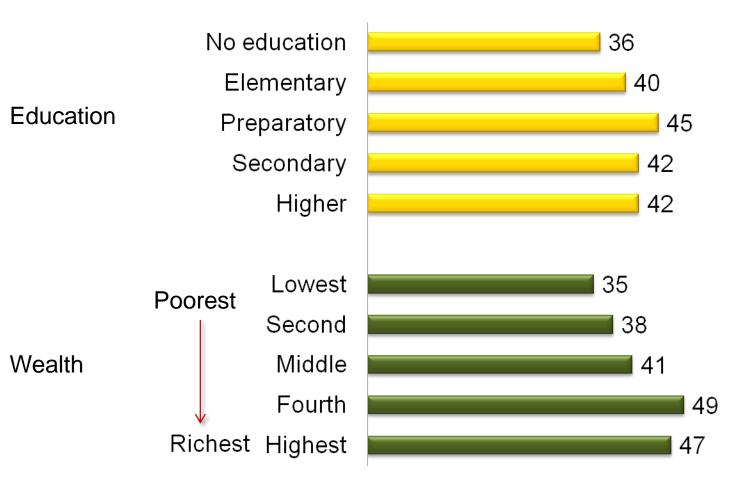
#### Use of Modern Methods by Residence



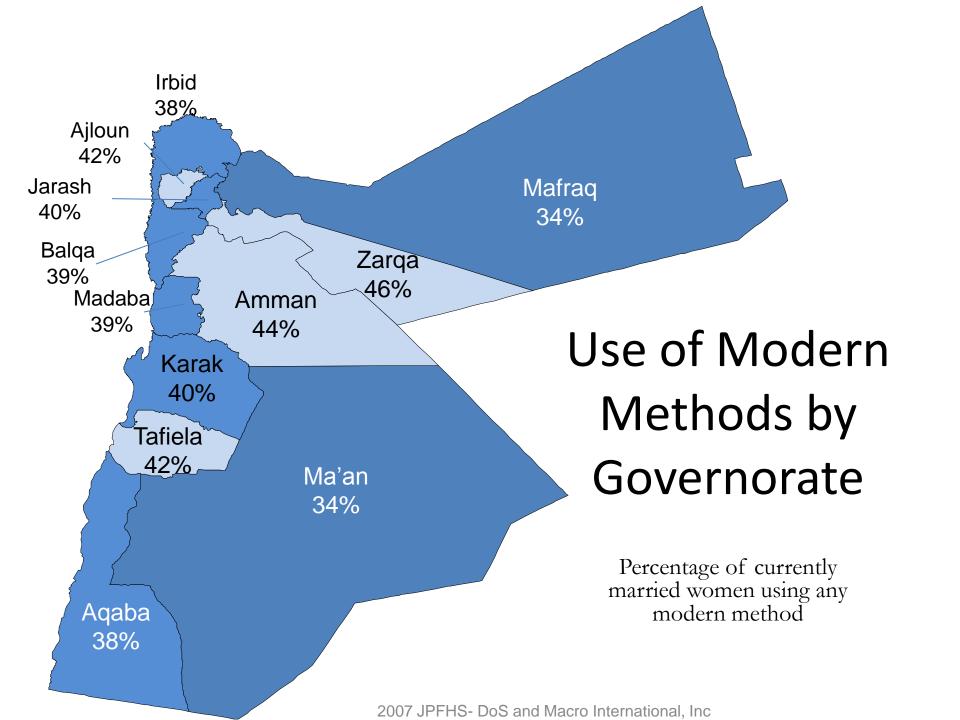
### Current Use of Family Planning



# Use of Modern Contraception by Education and Wealth

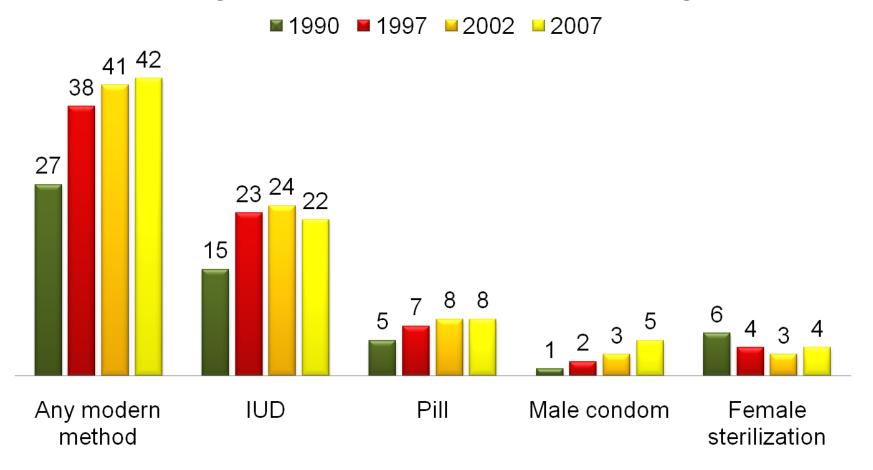


Percentage of currently married women using any modern method

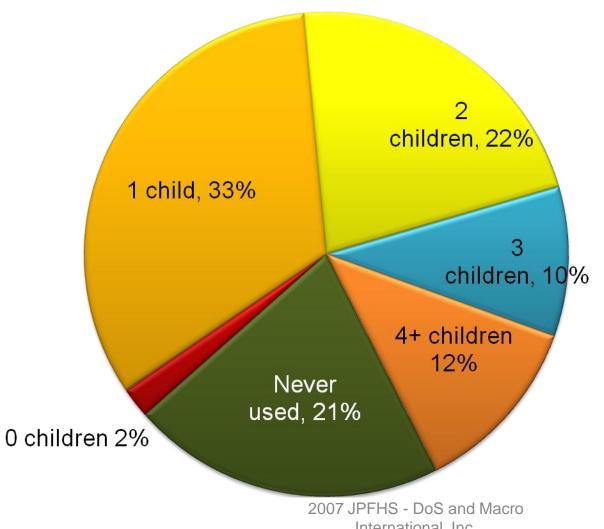


# Trends in the Use of Family Planning

Percentage of currently married women using method



# When do Women Start Using Contraception?



Percentage distribution of women by number of living children at first use

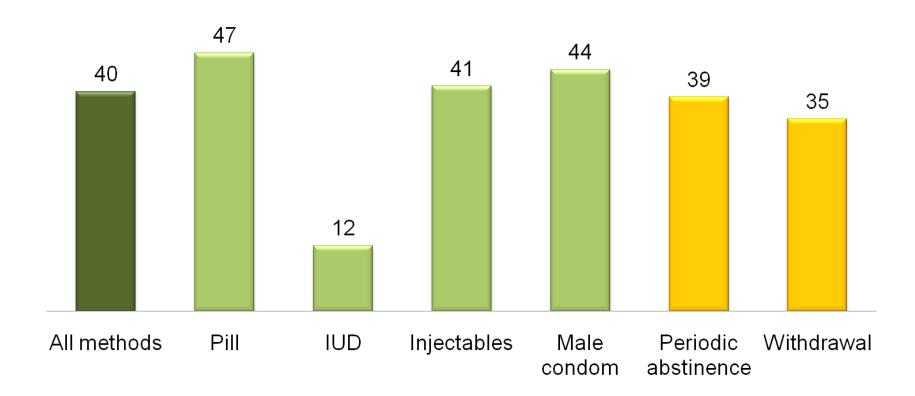
International, Inc.

# Knowledge of the Fertile Period

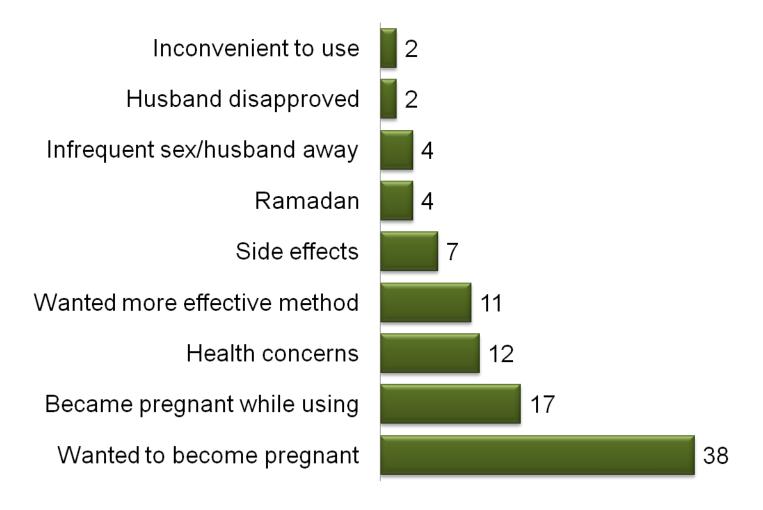
 78% of women who use the rhythm method correctly identified the fertile period as the time halfway between the two periods.

# Contraceptive Discontinuation

Percent of women who started an episode of contraceptive use in the last 5 years and the episode was discontinued within 12 months



#### Main Reason for Discontinuation



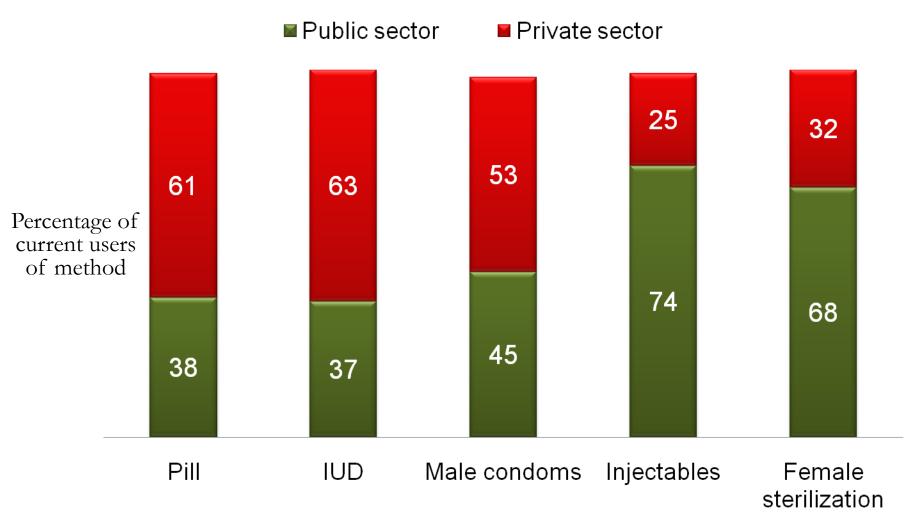
2007 **Percent among all discontinuations**International, Inc.

- Knowledge & use
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# Source of Contraception



# Do Family Planning Users have Informed Choices?

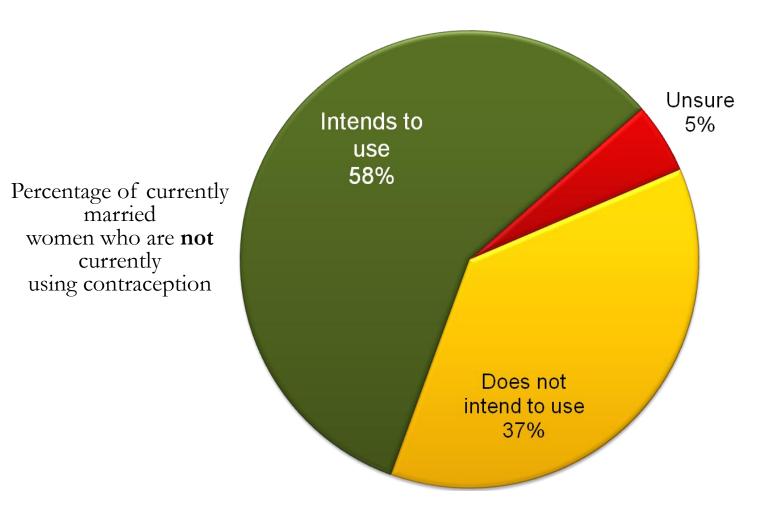
- 72% of modern contraceptive users were informed of side effects or problems of methods they used
- 64% of users were informed of what to do if they experienced side effects.
- 30% of users were not informed of other methods they could use.
- Many non-users are not being reached by health professionals about their family planning options.

- Knowledge & use
- Current use
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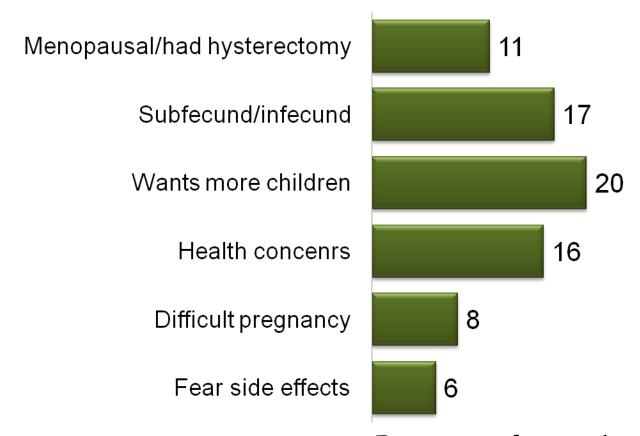
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#### Future Use of Contraception



# More than half of married women who are not using a method do NOT intend to use family planning in the future.....

#### Why not?



Percentage of currently married women who are not using family planning

Among currently married women who **INTEND** to use a contraceptive method in the future, the preferred methods are **IUD** (48%), followed by the **pill** (21%).

### Family Planning Messages

**Radio** 

TV

Newspaper/magazine

**Posters** 

Bulletin, booklet

Lecture

None of these

24%

67%

31%

42%

44%

11%

18%

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Percentage of all women who heard a message about family planning

# Missed Opportunities

Of the women who were **not** using family planning in the 12 months preceding the survey:

- Only 21% were visited by a fieldworker who discussed family planning.
- 17% visited a health facility and discussed family planning with a provider.
- 60% visited a health facility and did not discuss family planning.
- Overall, 70% of nonusers did NOT discuss family planning with a fieldworker or at a health facility.
- Many non-users are not being reached by health professionals about their family planning options.

# **Key Findings**

- Knowledge of family planning is universal.
  Women know an average of 8 methods of family planning
- The modern contraceptive prevalence rate among married women is 42 percent.
- The IUD is the most popular method.
- Use of modern methods has increased dramatically since 1990, mostly due to the increase in use of the IUD.