# Chapter 1: Functional Organization of the Human Body and Control of the "Internal Environment" Cells as the Living Units of the Body

- 3. The most abundant substance in the human body and the approximate percentage of that substance in the body is which of the following?
- a. Protein, 30%
- b. Protein, 60%
- c. Water, 30%
- d. Water, 60%
- e. Carbohydrate, 30%
- f. Carbohydrate, 60%

ANS: D

- 4. Which of the following substances has the highest extracellular fluid to intracellular fluid concentration ratio for most mammalian cells?
- a. Sodium ions
- b. Potassium ions
- c. Carbon dioxide
- d. Glucose
- e. Protein

ANS: A

- 8. \_\_\_\_\_ feedback is often referred to as a *vicious cycle* because it leads to \_\_\_\_\_ instability and sometimes death.
- a. Positive, progressive
- b. Positive, diminished
- c. Negative, progressive
- d. Negative, diminished
- e. Adaptive, progressive

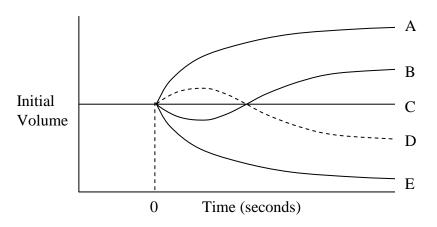
ANS: A

- 9. Which one of the following is an example of positive feedback in the body?
- a. Clotting of blood
- b. Return of blood pressure toward normal after a hemorrhage
- c. Increased respiration rate caused by accumulation of carbon dioxide in the blood
- d. Decreased sympathetic nervous system activity that occurs in response to increased blood pressure

#### ANS: A

### Chapter 4: Transport of Substances Through the Cell Membrane

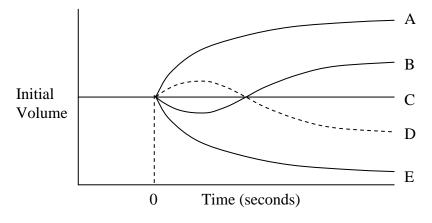
1. The diagram illustrates possible changes in red blood cell volume resulting from a change in extracellular fluid composition for a cell equilibrated in a 150 mmol/L solution of sodium



chloride (NaCl) at time 0. Which curve best illustrates the volume change caused by immersion of the cell in an aqueous solution of 300 mOsm/L calcium chloride (CaCl<sub>2</sub>)?

## **Answer: C ( because it's isotonic )**

2. The diagram illustrates possible changes in red blood cell volume resulting from a change in extracellular fluid compo-



sition for a cell equilibrated in a 150 mmol/L solution of sodium chloride (NaCl) at time 0. Which curve best illustrates the volume change caused by immersion of the cell in an aqueous solution of 200 mOsm/L NaCl and 200 mOsm/L glycerol?

#### **Answer: B**

- 3. An artificial membrane is created that consists of a lipid bilayer. No protein molecules are present in this artificial membrane. The lipid composition of the membrane is essentially the same as that of a normal, biological membrane. Which of the following substances permeates the membrane more readily than water molecules?
  - A. Glucose
  - B. Glycerol
  - C. Oxygen

- D. Sodium
- E. Urea

#### Answer: C

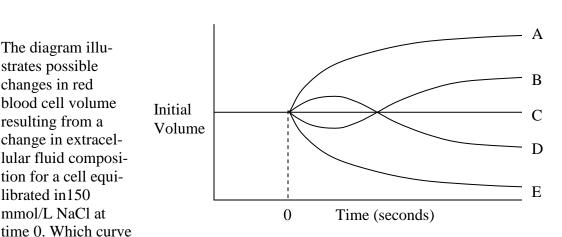
- 4. A cell is equilibrated in an aqueous solution of 300 mOsm/L sodium chloride. Which of the following best describes what will happen to cell volume when the cell is placed in an aqueous solution of 300 mOsm glycerol?
  - A. Decrease
  - B. Decrease and then increase
  - C. Increase
  - D. Increase and then decrease
  - E. No change

Answer: C

- 5. The concentration of calcium ions inside ventricular muscle cells averages 10<sup>-4</sup> mmol/L at rest (i.e., between contractions). The calcium concentration in the transverse tubules (T tubules) averages 2.5 mmol/L at rest. A protein transporter on the membrane of the T tubule exchanges sodium for calcium. The transporter uses the transmembrane sodium gradient to fuel the exchange. Which of the following transport mechanisms best describes this type of transporter?
  - A. Facilitated diffusion
  - B. Primary active transport
  - C. Secondary active co-transport
  - D. Secondary active counter-transport
  - E. Simple diffusion

#### Answer: D

6. The diagram illustrates possible changes in red blood cell volume resulting from a change in extracellular fluid composition for a cell equilibrated in 150 mmol/L NaCl at



best illustrates the volume caused by immersion of the cell in an aqueous solution of 150 mmol/L CaCl<sub>2</sub>?

#### **Answer: E**

7. Secondary active transport typically moves which of the following substances against a concentration gradient?

	Glucose	Amino acids	Sodium ions
A.	No	No	No
B.	No	No	Yes
C.	Yes	No	Yes
D.	Yes	Yes	No
Е	Yes	Yes	Yes

**Answer: D** 

8. Which of the following transport mechanisms can move sodium ions across a cell membrane?

	Primary active transport	Secondary active transport	Simple diffusion
A.	No	No	No
B.	No	Yes	Yes
C.	Yes	No	Yes
D.	Yes	Yes	No
E.	Yes	Yes	Yes

**Answer: E**